

Color Jacuzzi

The object of this small-group exercise is to get the group to quickly meet the other members. The facilitator calls out a color of the rainbow—for example, red:

Red typically is the stop/turn-off color, so each member of the group quickly tells what is the one thing (that they can disclose in public) that is really a turn off to them.

Orange: is the motivation color—what motivates them?

Yellow: is the inspiration or creativity color—what was the best idea they've had?

Green: is the money color—what do they plan to do for money, or what is the dumbest thing they ever did for money?

Blue: is the sky's the limit color—what is your favorite fantasy about your future?

Indigo: is an odd, or different color—what is the most daring thing they ever did?

Purple: is the color of royalty—if you were ruler of the universe for a day, what is the first thing you would do?